

5 IDEAS TO IMPROVE EYE CONTACT



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POINTING

- Let your child follow your pointing
- Point to an object that he is interested in
- Do pointing slowly so your child can follow your hand. It is good for eye tracking

REPEAT SONGS

- Sing a familiar song
- Let your child be familiarize with your singing
- Stop or pause at the end of a line where he would finish it
- "The Itsy Bitsy Spider Went Up the Water ____."
- Make it Engaging!
- Embed on Daily Routines

READY, SET, GO!

- Play games that involve Ready, Set, Go!
- Get your child to familiarize first
- Pause after Set and Before saying Go
- E.g. of games: throwing and catching ball, tickle game, swinging, tossing him up

EXAGGERATE

- Play with strong emotions and facial expressions!
- React positively to child's actions (e.g. saying "WoW!" or "Oh Oh!")
- Generalize expressions with other members of the family.

EYE-LEVEL

- Talk at child's eye level
- It is okay if your child is not directly looking at your eyes
- Looking at your face or around your body is also a form of social interaction that develops eye contact
- Reduce additional movement for your child (e.g. making him sit higher or making him stand up higher on bed or chair but considering the safety of your child).

Another Awesome Guide That Will Help You Even More



If you want to get more play ideas, this downloadable e-book will help you get the play activities you need. There are varieties of activities included here that can improve sensory-seeking behavior to social communication. Visit the GUIDE section of the website (quennielim.com) to learn more.

TPA

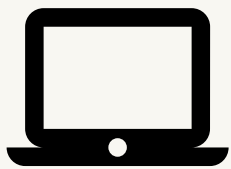
TEACHING PARENTS AUTISM

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