



HOW TO MAKE YOUR CHILD

FOLLOW INSTRUCTIONS

TPA
Teaching Parents Autism

www.quennielim.com

5 Reasons Why He is Not Listening to You:

1. **He hasn't disengaged** with the material (e.g. stickers, animal figures, playdough, or iPad), activity (e.g. playing a game or watching the video), or task (e.g. flushing toilet, washing hand, or keeping clothes).
2. Children with autism need to **focus on one task at a time**. Giving him multiple tasks may overwhelm him.
3. **Wordy instructions** (e.g. "Put your toys in those green baskets next to the book on your right"). Remember that he needs to process all your words in order to understand you.
4. **Processing your instruction may take time**. Giving multiple steps at once may also overwhelm your child. This is an example of multiple steps: "Can you put your socks in your shoes? Then, put your shoes under the chair."
5. **Limited vocabulary**. Your child may not have enough understanding of nouns, verbs, pronouns, articles, or prepositions yet.



5 Ways to Make Your Child Listen to Your Instructions:

1. **Use Visual Supports.** This is highly, highly, a MUST. People with autism learn best and understand what's expected of them when provided with visual support.
2. **Teach Your Child.** Have 15 mins or 30 mins each day to teach him. Spend time teaching him even if it is just 1 task (e.g. fixing a puzzle or completing a file folder game). Giving him opportunities to sit with you will grow his listening abilities.
3. **Teach simple instructions before multiple steps.**
4. **Give your child processing time** to respond to your instructions. You should wait before you react. Allow at least 7 seconds for a response.
5. Before giving an instruction, **let your child disengage from the task.**



If you want to know **effective strategies** on how you can manage and teach your child at home, grab your e-book **GUIDE!**

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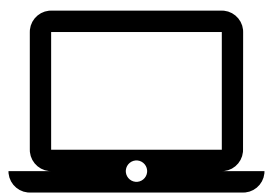


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TALK TO ME.



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