



HOW TO

CURE

AUTISM

AT HOME

HOW TO CURE AUTISM

Make Your Home Safe.

This is important as your child may wander around without your supervision. Keep the rooms lock if you don't want him to get in the rooms without your presence. Hide the keys (and have spare keys ready where you can grab it easily, typically away from bedrooms). You can hook the keys up on the doorways where your child cannot reach it. Keep cabinets and cupboards lock too!



HOW TO CURE AUTISM

Consistency is the key!

I tell you, this is very very powerful. Why? Because they have difficulty with organization and sequencing.

For example, some may have problem with putting on shoes or brushing teeth. Because it requires sequence. Which step comes first, brushing or putting on toothpaste? For autism spectrum disorder this is a challenge. So be consistent so that they can predict and get the routine going.



HOW TO CURE AUTISM

Structure your place.

This is one of the important strategies to apply at home. Remember what I told you? For people with autism, they have problems with organization. When a place is structured, they can be more independent and be more productive when they know where things are kept and be kept.



HOW TO CURE AUTISM

Create a schedule and stick with.

People with autism have problems with changes. When change occurs, they usually react to the situation because it is unfamiliar.

When there is a schedule, they can be prepared for the changes that can come during the day.



HOW TO CURE AUTISM

Reward them.

Rewards can be tangible or non-tangible. Social praises or something they like to do, touch or eat. Everybody loves to be appreciated with rewards.



HOW TO CURE AUTISM

Know your child's interests.

Understand your child by knowing what he likes so you can prepare the materials. Use his interest during teaching so that his attention gets higher with you. While using his favorite materials, you can embed social communication and interaction with the use of his interest!



HOW TO CURE AUTISM

Prepare a calming space.

This is important as we all need a space to relax, chill, and destress.

When they have meltdown or tantrum, let them know that the calming space is safe and enticing for them. You can add bubbles, reading materials that they like, beanbags, squishy objects, etc.



TEACHING PARENTS AUTISM

Thank you for subscribing!

If you want to know more about autism and learn it for free, I am here to guide, support, and teach you what autism is and how you can improve your child's skills. Visit my site!

Help other parents (or even teachers) and share my site!

www.quennielim.com

Appreciate you so much!



www.quennielim.com

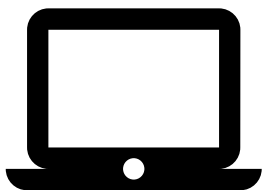
TEACHING PARENTS AUTISM

BY

Quennie

Lim

TALK TO ME.



teachingparentsautism@yahoo.com



www.quennielim.com